



Confession

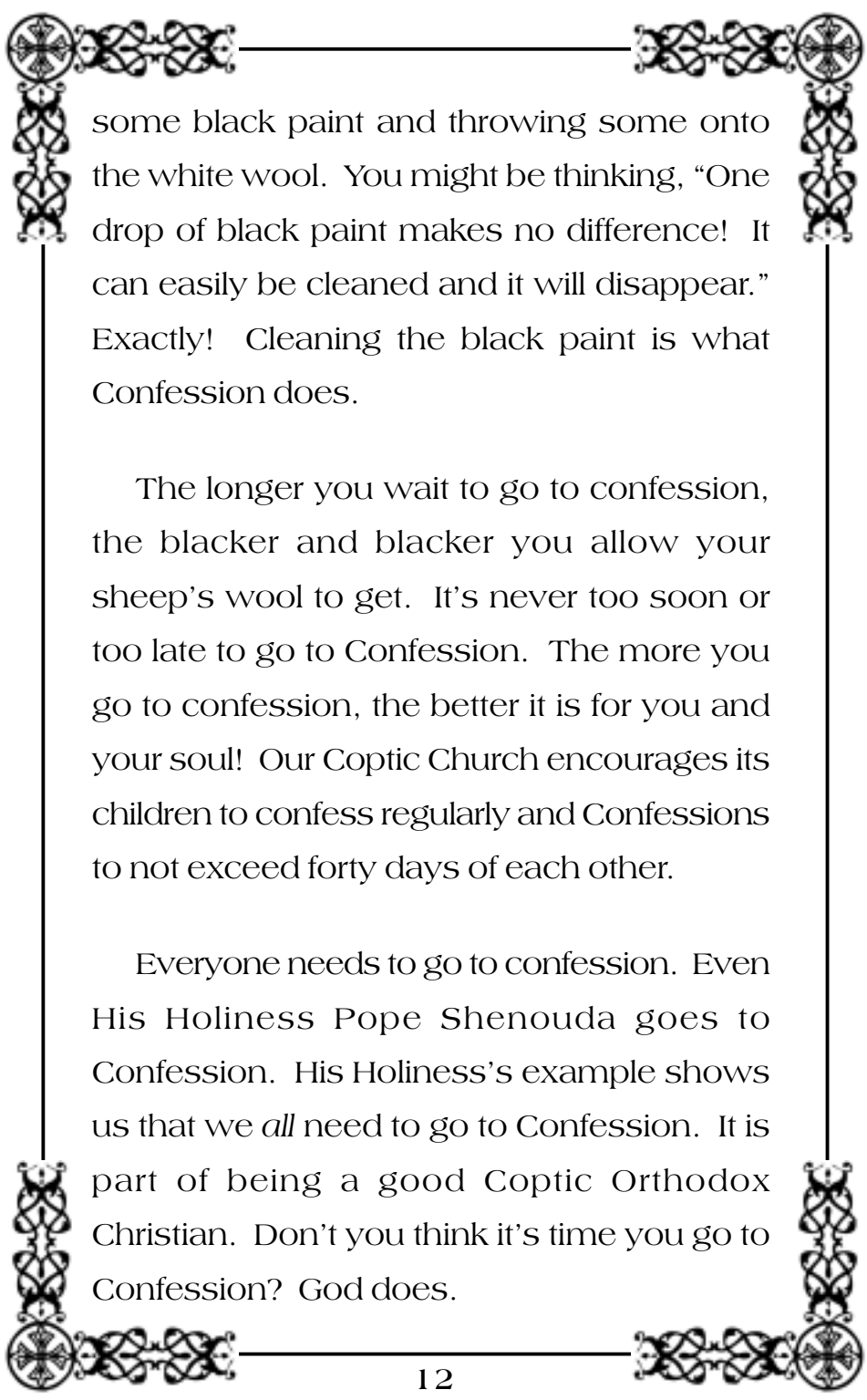
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The Sacrament of Repentance and Confession means humbly and sorrowfully repenting for all mistakes and sins that have been done. Who created the Sacrament of Confession? The Lord Jesus Christ did when He said, "Assuredly, I say to you, whatever you bind on earth will be bound in Heaven, and whatever you loose on earth will be loosed in Heaven (Matthew 18:18)."

Therefore, every person should be honored that they get to go to Confession. Once you go to Confession, you purify your soul of all the wrong doing you have done!

Your soul is like the white wool on a sheep. When you commit a sin, it is like taking



some black paint and throwing some onto the white wool. You might be thinking, “One drop of black paint makes no difference! It can easily be cleaned and it will disappear.” Exactly! Cleaning the black paint is what Confession does.

The longer you wait to go to confession, the blacker and blacker you allow your sheep’s wool to get. It’s never too soon or too late to go to Confession. The more you go to confession, the better it is for you and your soul! Our Coptic Church encourages its children to confess regularly and Confessions to not exceed forty days of each other.

Everyone needs to go to confession. Even His Holiness Pope Shenouda goes to Confession. His Holiness’s example shows us that we *all* need to go to Confession. It is part of being a good Coptic Orthodox Christian. Don’t you think it’s time you go to Confession? God does.



***Pray without ceasing
(1Th 5:17)***