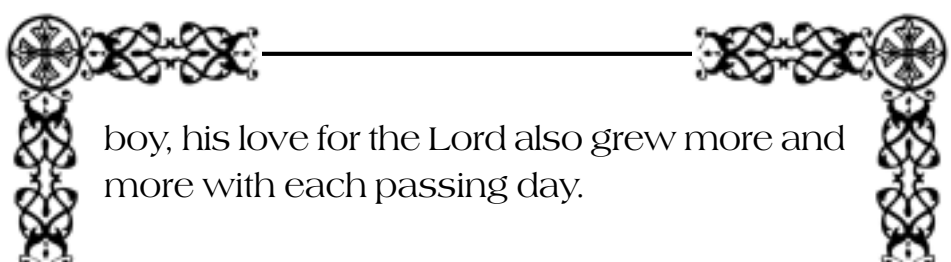




## St Abanoub of Nehisa

St Abanoub was born in the City of Nehisa. His parents were pure and merciful, raising him to love the Lord God with all his heart and soul. As St Abanoub grew to a young



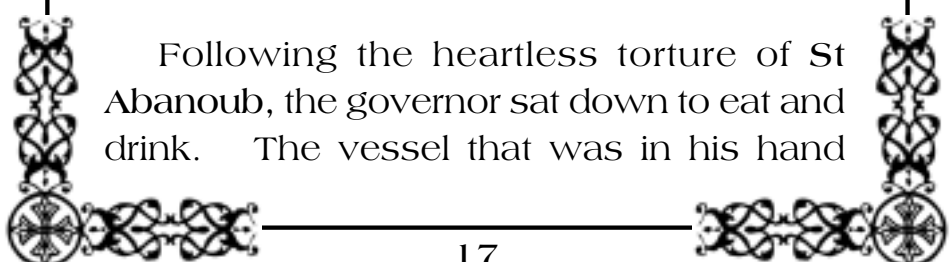
boy, his love for the Lord also grew more and more with each passing day.

During the persecution of Christians by the cruel Emperor Diocletian, the Christian priests encouraged the faithful believers to stay away from false idols, and not to forsake the One True God. St Abanoub obeyed the teachings of the priests.

He walked to the governor in Samanoud, Lucianus and without hesitating confessed his Christianity. The governor tortured him severely. St Abanoub was whipped until his intestines came out. Archangel Michael came down from Heaven and miraculously healed him.

St Abanoub was then tied up and carried upon a sailing vessel for further torture. He was hung upon the high mast of the ship with his head forced downwards and then hit the saint in the mouth very hard. Blood trickled from St Abanoub's nose and mouth.

Following the heartless torture of St Abanoub, the governor sat down to eat and drink. The vessel that was in his hand





became a stone. The soldiers aboard the ship became blind and paralyzed.

An Angel of the Lord came down from Heaven and released St Abanoub from the mast of the ship. The angel wiped the blood off his pure face.

Strong winds then blew the ship to Athribis. Arriving there, the soldiers on the ship having witnessed the many miracles performed in protecting the holy St Abanoub, confessed the name of the Lord Jesus Christ. They were killed because of their confession and received the glorious crowns of martyrdom.

The governor of Athribis also tortured St. Abanoub severely. St Abanoub's hands and feet were cut off and an angel of the Lord healed them. The governor gave up and sent the saint to Alexandria where St. Abanoub was tortured until his death in which he received the heavenly crown of martyrdom on the 24th day of Abib. St Abanoub was but twelve years of age.

May St Abanoub's blessings be with us all. Amen.



St. Abanoub