



KNOW YOUR CHURCH

Constituents of the Holy Chrism

1. Sweet flage also known as Sweet sedge or Myrtle sedge
2. Lily
3. Chinese Cinnamon
4. Spiny broom also known as Spiny cytissus
5. Black animum also known as Great cardamon
6. Tree Lavender
7. Horse Chestnut
8. Red Sandal Wood also known as Ruby Wood
9. Canella also known as Cinnamon or Winters' bark
10. Clove tree
11. Cabbage Rose
12. Olibanum tree also known as Frankincense
13. Nutmeg tree
14. Nutmeg
15. Broad leafed ginger also known as Wild ginger
16. Spikenard also known as Indian valerian or Nardus
17. Agollochum also known as Indian aloe tree
18. Myrrh tree
19. Saffron also known as Crocus
20. Gum elemi tree
21. Common cinnamon tree
22. Aloe
23. Storax tree also known as Official storax
24. Cardamon
25. Musk mallow also known as Ablemusk
26. Storax
27. Balsam apple
28. Olive tree

