



Named after the god Mont, which is the god of war. During this month the temperature is high and thus the Egyptians called it the month of the sun.

Gregorian Calendar equivalent:
March 10 to April 8



Paremhotep is the seventh month of the Coptic year. Usually, the first of Paremhotep comes on March 10th. The month of Paremhotep always comes in the Great Holy Fast, which is fifty- five days.

On the 10th of this month, is the Feast of the Holy Cross. On this holy day of year 627 A.D., Emperor Heraclius, saw a great light emanating from the cross in his church. The mother of Emperor Constantine ordered to dig out the Holy Cross of our Savior from underneath a pile of trash. To verify its authenticity, a dead man rose when he was placed on it.



On the 12th of this month is the commemoration of the Archangel Michael, which comes on every 12th day of every Coptic month. On the 14th of this month is the repose of St. Kyrillos (Cyril), 75th Patriarch of Alexandria, 1243 A.D. His secretary and he laid down critical cannon for the church. On the 21st of this month is the commemoration of the Theotokos, Saint Mary, which comes on every 21st of every Coptic month.



On the 27th of Paremhotep is the commemoration of the Crucifixion of the Lord Jesus Christ.

Also on the 27th of Paremhotep is the repose of the Great Saint Abba Macarius, 392 A.D. One of the great ascetic saints of the wilderness, he led his life in modesty and integrity, in the face of many temptations.



On the 30th and last day of the blessed month of Paremhotep is the commemoration of Archangel Gabriel. He was sent to the most Holy Virgin to declare the good tidings. He was also sent to Zaccharias, the righteous, to announce the birth of St. John the Baptist.

May the blessings of this month be with us all. Amen.

*Submitted by:
St. Mina Church, Nashville, TN*