



Holy Communion

ΠΙΣΙΝΒΙ ΕΘΟΥΑΒ Founded on Sufferings

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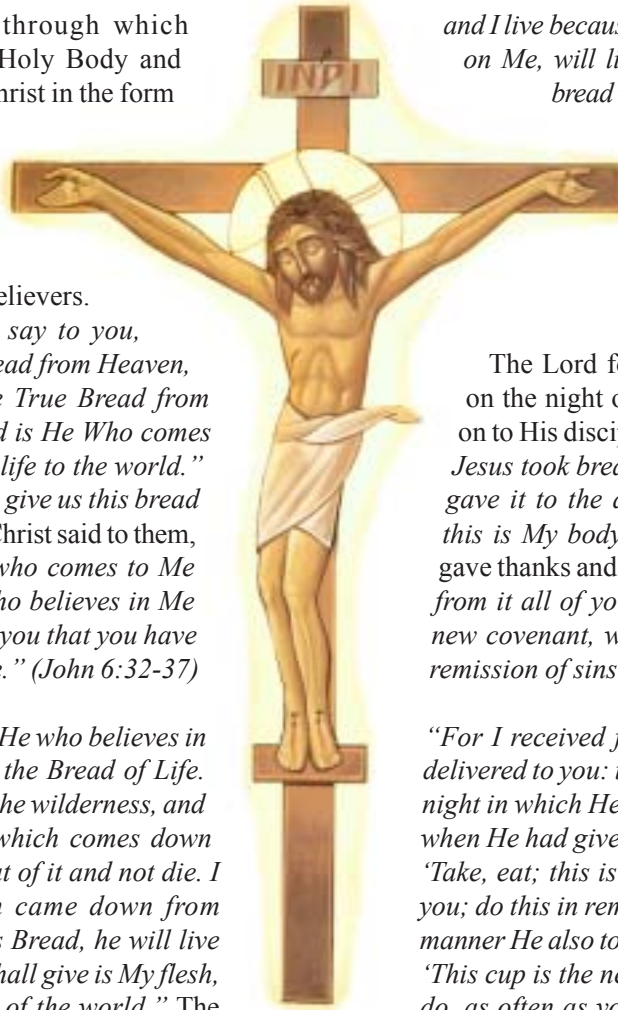


It is a Holy Sacrament through which believers partake of the Holy Body and Blood of our Lord Jesus Christ in the form of bread and wine.

Union With The Saviour

Our Saviour promised that He would set a union with His believers. He said, *“Most assuredly, I say to you, Moses did not give you the bread from Heaven, but My Father gives you the True Bread from Heaven. For the bread of God is He Who comes down from Heaven and gives life to the world.”* Then they said to Him, *“Lord, give us this bread always.”* And the Lord Jesus Christ said to them, *“I am the Bread of Life, he who comes to Me shall never hunger, and he who believes in Me shall never thirst. But I say to you that you have seen Me and yet do not believe.”* (John 6:32-37)

“Most assuredly, I say to you. He who believes in Me has everlasting life. I am the Bread of Life. Your fathers ate the manna in the wilderness, and are dead. This is the bread which comes down from Heaven, that one may eat of it and not die. I am the Living Bread which came down from Heaven. If anyone eats of this Bread, he will live forever; and the Bread that I shall give is My flesh, which I shall give for the life of the world.” The Jews therefore quarreled among themselves, saying, *“How can this Man give us His flesh to eat?”* Then the Lord Jesus Christ said to them, *“Most assuredly I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in you. Whoever eats My flesh, and drinks My blood, will have eternal life and I will raise him on the Last Day. For My flesh is food indeed, and My blood is drink indeed. He who eats My flesh, and drinks My blood, abides in Me, and I in him. As the living Father sent Me,*



and I live because of the Father, so he who feeds on Me, will live because of Me. This is the bread which came down from Heaven: not as your fathers, ate the manna, and are dead. He who eats this bread will live forever.” (John 6:47-58).

When Was It Founded?

The Lord founded this sacred Sacrament on the night of His sufferings and passed it on to His disciples. *“And as they were eating, Jesus took bread, blessed it and broke it, and gave it to the disciples and said, ‘Take, eat, this is My body.’* Then He took the cup, and gave thanks and gave it to them, saying, *‘Drink from it all of you. For this is My blood of the new covenant, which is shed for many for the remission of sins.’* (Matthew 26:26-28)

“For I received from the Lord that which also delivered to you: that the Lord Jesus on the same night in which He was betrayed took bread; and when He had given thanks. He broke it and said, ‘Take, eat; this is My body, which is broken for you; do this in remembrance of Me.’ In the same manner He also took the cup after supper, saying, *‘This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me.’* For as often as you eat this bread, and drink this cup, you proclaim the Lord’s death till He comes. Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord. But let a man examine himself, and so let him eat of that bread and drink of that cup. For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord’s body.” (1 Corinthians 11:23-29)✠