



body on the tree, that we, having died to sins, might live for righteousness - by whose stripes you were healed" (1Peter 2:24)

"The next day John saw Jesus coming toward him, and said, "Behold! The Lamb of God who takes away the sin of the world!" (John 1:29)

Our Coptic Church, as well as all the other Eastern Orthodox Churches use leavened bread, but the Catholic Church uses unleavened bread for the Eucharist.



Here are some proofs of the rite of the use of leavened bread:

- The Lord Jesus Christ used leavened bread when instituting the Eucharist. That was the "bread" that was used at that time, before the Passover: (John 13:1)
- All the Evangelists clearly agree that the Lord Jesus Christ used bread: (Matthew 26:26; Mark 14:22; Luke 22:19; 1 Corinthians 11:23)
- The Roman Catholic Church itself used leavened bread, until the 11th Century.
- All the church fathers who spoke of this subject remarked that leavened bread is to be used.
- The Church has been following what the Apostles themselves had been doing: using leavened bread: (Acts 2:46, 20:7; 1 Corinthians 10:16,17)



Towards Canaan's Land

This poem written by Deacon Chris Minias,

St. Mark Church, New Orleans, LA

and placed in the Talent Contest of this year's (2007)

"Towards Canaan's Land" Graduate Convention.

Congratulations Chris!

A life has been given to us
And worshipping the Lord is a must

Towards Canaan's Land we are on our
way

While we have to fast and pray
Pray to the Lord with all our hearts
We also must fast from the start

As we prepare to climb the mountain
The Lord we must let our hearts in
Having the Lord on our side
We will get through the long ride

Towards Canaan's Land in our days
While we worship and praise
Sing unto the Lord with a joyful voice
Give him praise and rejoice

As we go through the vast desert
Our lives we must convert
A life lived according to the Lord
Abiding by his each and every word

Towards Canaan's Land we may have
hardship and tribulation
But the Lord will relieve our complications

The Lord is with us on the way