

# Learning about Sex

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St Antonius Coptic Orthodox Church  
Hayward, California

Grades 4 & 5

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# WHAT IS SEX?

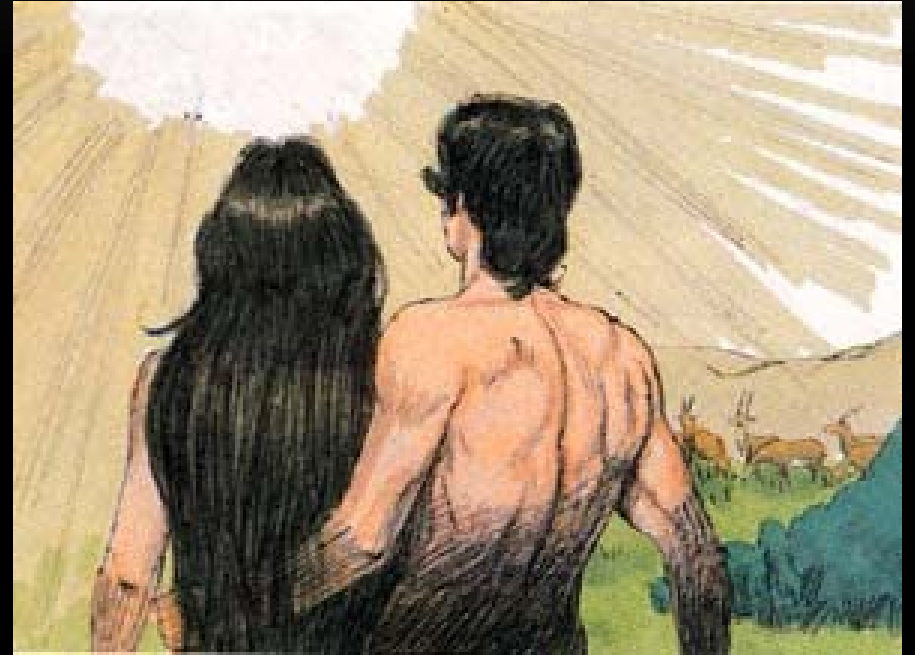


Sex is a holy gift from God. He created it and because He did, it is holy and good.

# WHY DID GOD CREATE SEX

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- God created sex for 2 reasons:
  1. To make babies
  2. For mom and dad to show their love to one another



- Gen 1:27-28 “God created man in His own image...Male and female He created them. Then God blessed them, and God said to them, “Be fruitful and multiply; fill the earth and subdue it.”



# GOD DESIGNED SEX FOR MARRIAGE

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- When the time is right, sex will be right.
- The right time for sex is in marriage.



# GOD'S BOUNDARIES FOR SEX

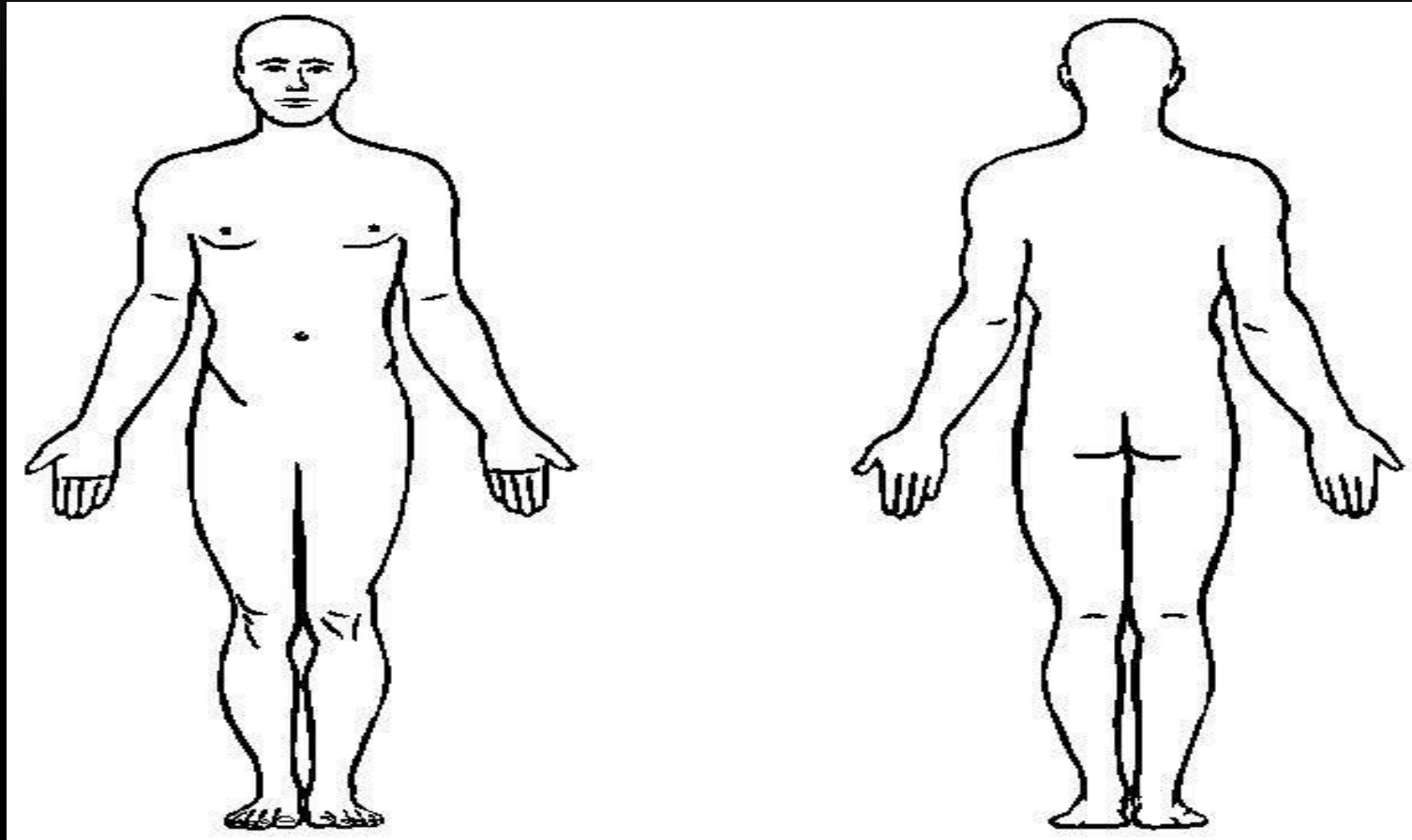
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- God's gift of sex had boundaries: Marriage.
- God ordered that sex should only be between a husband and a wife.
- It is only fulfilling and satisfying in marriage.
- God's boundaries are designed to protect us.



This fence is created to protect “kids” from drowning.  
God’s boundary for sex (marriage) is designed to protect us from harm.

# OUR BODY





What is your understanding of sex?

# PUBERTY – (BEGINS BETWEEN AGES 10 - 13)

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- Physical Changes
  - Hair develops on face and arm pits
  - Voice deepens
  - Rapid weight gain
  - Private parts get bigger

HOW SHOULD I TREAT MY BODY?

- Our body belongs to Christ
- In Baptism, our members became the members of Christ.



- Your body is the temple of the Holy Spirit.
- 1Co 6:19-20 “Do you not know that your body is the temple of the Holy Spirit who is in you?”



Our body must remain holy and pure before and after marriage

HOW SHOULD I SEE GIRLS' BODIES?

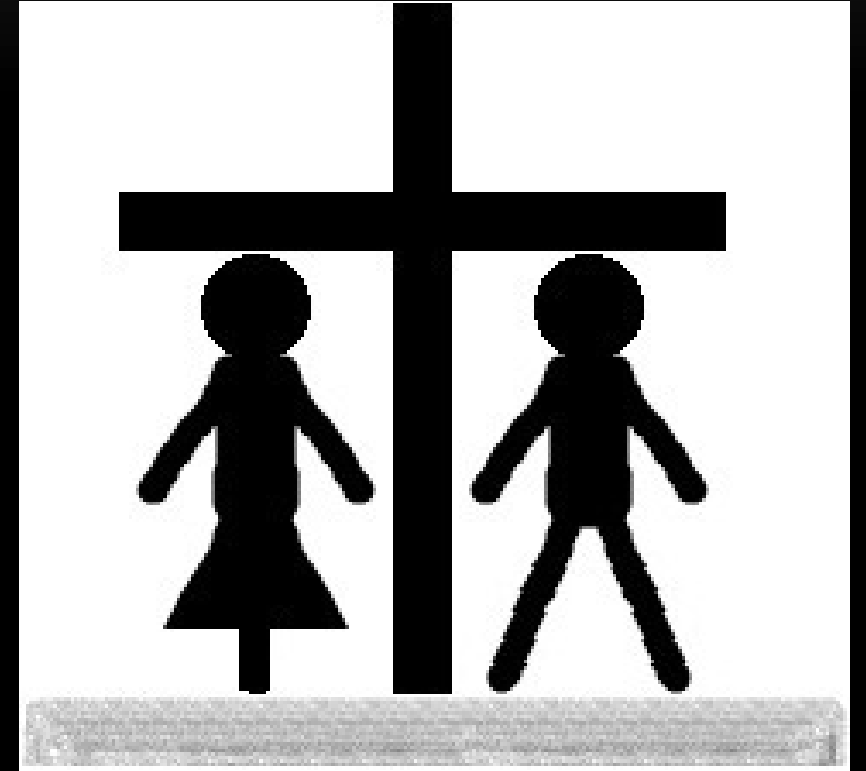
- I treat girls with respect because they bear the image of God



ARE BOYS BETTER THAN GIRLS?



- Boys and girls are equal in Christ.
- Different roles but equal value.
- Gal 3:28 There is neither male nor female; for you are all one in Christ Jesus.



# SOCIETY'S VIEW ON SEX

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- Sex is misrepresented by our society  
TV shows, commercials, ads, magazines...etc.
- God's plan is healthy and Satan's plan is harmful.
- Don't be victims to the way our society misrepresents sex

# SOCIETY'S VIEW ON SEX

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- Foul language cheapens the holiness of sex
- Do not use words that describe sex in a dirty way
- Our language should be pure and holy



# SUMMARY

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- Sex is a gift from God to us
- Sex is created to have children and increase the love between the husband and his wife
- Sex is designed by God to be only in marriage
- God gave us boundaries to protect this gift
- Our bodies belong to Christ
- Boys and girls have different roles but equal value
- We must not follow our society's view on sex.

QUESTIONS

