



St. Athanasius Theological Seminary

Daily Schedule

Thursday Night: Arrival and Registration

Friday (First Course)

7:40	–	8:00	AM	Morning Agpeya Prayer
8:00	–	9:00	AM	Breakfast
9:00	–	10:30	AM	1st Lecture
10:30	–	11:00	AM	Break
11:00	–	12:30	PM	2nd Lecture
12:30	–	1:30	PM	Lunch
1:30	–	3:00	PM	3rd Lecture
3:00	–	3:30	PM	Break
3:30	–	5:00	PM	4th Lecture
5:00	–	5:30	PM	Agpeya Prayer
5:30	–	6:30	PM	Personal Free Time / Meditation
6:30	–	7:30	PM	Dinner
7:30	–	9:00	PM	5th Lecture
9:00	–	9:30	PM	Break
9:30	–	11:00	PM	6th Lecture

Saturday (Second Course)

7:40	–	8:00	AM	Morning Agpeya Prayer
8:00	–	9:00	AM	Breakfast
9:00	–	10:30	AM	First Lecture
10:30	–	11:00	AM	Break
11:00	–	12:30	PM	Second Lecture
12:30	–	1:30	PM	Lunch
1:30	–	3:00	PM	Third Lecture
3:00	–	3:30	PM	Break
3:30	–	5:00	PM	4th Lecture
5:00	–	5:45	PM	Vespers Prayer
5:45	–	6:30	PM	Personal Free Time / Meditation
6:30	–	7:30	PM	Dinner
7:30	–	9:00	PM	5th Lecture
9:00	–	9:30	PM	Break
9:30	–	11:00	PM	6th Lecture

Sunday (Third Course)

7:40	–	8:00	AM	Morning Agpeya Prayer
8:00	–	10:30	AM	Divine Liturgy
10:30	–	11:30	AM	Breakfast
11:30	–	1:00	PM	First Lecture
1:00	–	1:30	PM	Break
1:30	–	3:00	PM	Second Lecture
3:00	–	4:00	PM	Lunch
4:00	–	5:30	PM	Third Lecture
5:30	–	6:30	PM	Personal Free Time / Meditation
6:30	–	7:00	PM	Agpeya Prayer
7:00	–	8:30	PM	4th Lecture
8:30	–	10:00	PM	Dinner, pictures, etc.

Monday (Third Course, continued)

7:40	–	8:00	AM	Morning Agpeya Prayer
8:00	–	9:00	AM	Breakfast
9:00	–	10:30	AM	5th Lecture
10:30	–	11:00	AM	Break
11:00	–	12:30	PM	6th Lecture
12:30	–	1:30	PM	Lunch
		1:30	PM	Adjourn