MELODY FOR THE SECOND SUNDAY OF THE HOLY GREAT FAST

Old Refrain:

Blessed are those who have mercy Who give to the poor and fast and pray The Holy Spirit will fill their hearts The Son will show them mercy on Judgment Day

New Refrain:

Blessed are those who have mercy From God they shall obtain mercy On Judgment Day Christ will set them apart May His Holy Spirit fill all their heart

A great mystery of Jesus Christ Who went to the desert to rest and think Satan came to Him with an ugly image To tempt Him like a human being

He told Him, "If You are the Christ If the truth about You is said accurately Command these stones clearly To become bread feeding the hungry"

Christ replied: "Go away Satan" For it is written in the Book of grace "Man shall not live by bread alone But with every word of faith"

The devil took Him to the temple And said, "as You stand in this holy place If truly You are the Son of God Throw Yourself from here to the base"

Jesus said to him, "It is written You should not try to tempt the Lord For He is Your Maker and Creator You cannot withstand to oppose His Word"

Then he took Jesus at once And went up with Him on a high mountain He showed Him all the kingdoms and wealth And told Him: "behold all this glittering!"

"I own all these in my own hands It is all mine and under my will So if You kneel now before me I will give You everything"

Jesus replied: "Go away Satan! The Son of the living God, I am Who alone is due all worship" Satan was defeated and left Him for a time.

Satan went away disappointed With joy, angels came to serve Christ Thousands and myriads of soldiers Serving the Holy True Light

The Lord fasted to teach us To be humble and resemble Him To forgive others for His sake To reach God the beneficent

Moses fasted on Tabor Mountain Without ceasing for forty days God gave him two written tablets With the Ten Commandments teaching His ways

Through fasting, Elijah stopped the rain From coming down for whole three years And six complete months Then through his prayers it rained far and near

The Ninevites worshipped idols And committed all kinds of sins When they fasted three days piously They gained forgiveness of their sins

Those who fast while in sin And ask for mercy, but can not gain They lose every source of hope Away from God, they are in pain

Those who fast and cause others to sin In them, God does not dwell The devil is able to manipulate them And cast them down into Hell Those who fast while angry Make peace with the devil They live in the world like drunkards Dizzy, staggering, and quivering

Blessed are those who fast piously Who are fasting without sinning Those who fast and care for Judgment Day Paradise is what they shall be gaining

The merciless shall not obtain mercy They descend into Hades and perish For when Satan became arrogant and proud He fell and was filled with blemish

Do not be arrogant and proud You will go to Hades and there be sad For when Satan exalted himself In hell fire, he was clad

Let us ask God the Merciful Who is present everywhere To confirm us in our faith In Paradise, we shall meet Him there